

SKITRAB

Tabella di regolazione SKITRAB "RELEASE TR2"

Adjustment table SKITRAB "RELEASE TR2"

Einstelltabelle SKITRAB "RELEASE TR2"

Tableau de réglage SKITRAB "RELEASE TR2"

Parameters according to the skiing ability

Speed	Terrain slope	Style	Type
slow	gentle	absolute beginner	1
medium	medium	intermediate	2
high	steep	professional	3

Keep THE SAME code letter

1 SUBSEQUENT letter

2 SUBSEQUENT letters

Parameters according to the age

Age
≤50
≥50

Keep the same letter shown in the **code** column

Use PREVIOUS letter in the **code** column

- Reference parameters for the skier
- Adjustment value depending on the length of the ski-boot sole
- Measuring of the release value (in Nm) by means of testing device



Weight Kg (Pounds)	Height Cm (Ft.)	Code	Ski-boot sole length						3	
			≤ 250 mm	251 – 270 mm	271 – 290 mm	291 – 310 mm	311 – 330 mm	≥ 331 mm	1) Nm REF	2) Nm REF
10 – 13 Kg (22 – 29 lbs)		A	0,75	0,75					(5) 8	(18) 29
14 – 17 Kg (30 – 38 lbs)		B	1,00	1,00	0,75				11	40
18 – 21 Kg (39 – 47 lbs)		C	1,50	1,25	1,00				14	52
22 – 25 Kg (48 – 56 lbs)		D	1,75	1,50	1,50	1,25			17	64
26 – 30 Kg (57 – 66 lbs)		E	2,25	2,00	1,75	1,50	1,50		20	75
31 – 35 Kg (67 – 78 lbs)		F	2,75	2,50	2,25	2,00	1,75	1,75	23	87
36 – 41 Kg (79 – 91 lbs)		G	3,50	3,00	2,75	2,50	2,50	2,00	27	102
42 – 48 Kg (92 – 107 lbs)	≤ 148 cm ≤ 4'10"	H		3,50	3,00	3,00	2,75	2,50	31	120
49 – 57 Kg (108 – 125 lbs)	149 – 157 cm 4'11" – 5'1"	I		4,50	4,00	3,50	3,50	3,00	37	141
58 – 66 Kg (126 – 147 lbs)	158 – 166 5'2" – 5'5"	J		5,50	5,00	4,50	4,00	3,50	43	165
67 – 78 Kg (148 – 174 lbs)	167 – 178 cm 5'6" – 5'10"	K		6,50	6,00	5,50	5,00	4,50	50	194
79 – 94 Kg (175 – 209 lbs)	179 – 194 cm 5'11" – 6'4"	L		7,50	7,00	6,50	6,00	5,50	58	229
95 Kg + (210 lbs +)	≥ 195 cm ≥ 6'5"	M			8,50	8,00	7,00	6,50	67	271
		N			10,00	9,50	8,50	8,00	78	320
		O			11,50	11,00	10,00	9,50	91	380
		P							105	452
									118	540

- Lateral release set value = M_z / N_m
- Frontal release set value = M_y / N_m